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## **Health and Wellbeing Board**

**23 November 2016**

Report of Director of Operations, Tees, Esk and Wear Valleys NHS Foundation Trust.

### **Update on Mental Health Facilities for York**

#### **Summary**

1. This report updates the Health and Wellbeing Board on the Mental Health Facilities for York.

#### **Background**

2. Tees, Esk and Wear Valleys NHS Foundation Trust (TEWV) became responsible for all mental health and learning disability services across the Vale of York from the 1 October 2015.
3. TEWV took on services during a challenging period. Following the CQC decision not to register services, TEWV had to implement its business continuity arrangements and ensure that it did all that it could to support patients, carers and staff during a very difficult time.
4. When TEWV took on services within the locality, it was acknowledged that there were a number of issues with the Estate. A number of changes to the estate have been undertaken as a consequence of the Bootham Park closure; however, there were also a number of issues around the general maintenance and oversight of estates. TEWV continues to work with NHS Property Services to develop this plan, but the standard of many buildings remains below the level of other TEWV owned sites. There are a number of planned developments to address these issues which are outlined in this report.

## Main/Key Issues to be considered

5. The reopening of Peppermill Court in October 2016 now provides Adult mental health beds in York. It offers 24 beds (12 male and 12 female), 136 suite (place of safety) and a base for the crisis team. It is acknowledged that the refurbishment of the existing unit has led to some compromises (for example the reduction in the number of adult beds and lack of en-suite facilities). However, the work with service users and carers has ensured that we have made as many modifications to the unit as can be practically accommodated. There will continue to be close monitoring of bed use in recognition of the difference in the “ideal” number of beds for the locality.
6. A number of estate issues within older persons services have been progressed:
  - Interim modifications to **Worsley Court** (male dementia unit in Selby) to address service requirements including staff attack alarm system/ backlog maintenance/ revisions to door entry have been completed.
  - Minor modifications to **Meadowfields** (female dementia unit in York) – staff attack alarm system have been completed.
  - **Acomb Gables** (previously the rehabilitation unit in York) - work has commenced to upgrade the unit to dementia standards for the transfer of patients from Worsley Court in January 2017. This work will also enhance the community team space and increase outpatient facilities and flexibility.
7. A review of the current buildings from which Community Mental Health Teams (CMHT's) operate has identified a number of constraints with the existing estate. Many of the buildings offer poor patient facing environments, inadequate staff facilities, do not meet Disability Discrimination Act (DDA) requirements and are not optimally configured to meet modern mental health estate expectations. TEWV's tender response outlined new ways of working building on the Vale of York Clinical Commissioning Group's engagement work (“Discover!”), which highlighted a wider community focus.
8. TEWV are developing plans to vacate a number of these poor environments and move to a different model via Community Hubs.

Each hub will offer outpatient and treatment facilities as well as CMHT office space for adults and older people. Our planning assumptions also include providing appointments and services within patients' own homes, GP surgeries and other community venues. We will want to continue to maximise the visibility of mental health practitioners within primary care settings and will continue to work to explore how this can be maximised.

9. A working group is in place and has considered a range of options and undertaken a full option appraisal on possible sites for Community Hubs. This assessment has indicated that there would ideally be 3 main CMHT hubs across the Vale of York. This would cover Selby, York East and York West. Taking each of the Hub areas in turn:

**Selby** – The CMHT currently use Worsley Court for accommodation and clinic appointments. Some estate work is planned to modify the facility and this will also enhance the facility to increase the number of clinic rooms. This work is still in development.

**York West - Acomb** – The CMHT currently has office space and a small number of clinic rooms at Acomb Gables. Estate works have been agreed as part of the plans to bring Mental Health Older People (MHSOP) beds into this unit. As part of these plans additional clinic space has been developed and will be available from January 2017.

**York East** – A new site has been identified – Huntington House at Monks Cross which would enable services from Bootham Park Hospital (including the chapel and driveway), Union Terrace, Huntington Road, (St Andrews) and 22 The Avenue to be relocated. A business case is being compiled to confirm the detailed plans and revenue costs relating to this hub development, but it is anticipated that the new site will be available for patient use from December 2017.

10. Transferring community services into the proposed hubs will improve clinic and patient facing environments, address the need to consolidate a number of separate community bases, which in turn will improve team effectiveness. We want to relocate the Community Mental Health Teams (CMHTs) currently located at Bootham Park Hospital as early as possible in 2017.

11. The Trust, working with City of York Council, Clinical Commissioning Group, and service users, has been successful in bidding for capital funding to support refurbishment of Sycamore House (York) to develop an out of hours safe haven service. This will support the ongoing work aligned to the Crisis Concordat and will supplement existing crisis services.

## **Consultation**

12. Work is progressing to develop plans for a new mental health hospital to open in 2019. The clinical teams have considered the operational requirements and as part of our engagement work with patients, carers, stakeholders and the public we have heard a number of the issues which people want to understand in the planning of the hospital.
13. The consultation process is being led by Vale of York CCG. Full details and the consultation document can be found on the websites for Vale of York CCG - <http://www.valeofyorkccg.nhs.uk/latest-news/> .

Public consultation runs until Monday 16<sup>th</sup> January 2017, and seeks feedback on the proposed number and configuration of beds and the proposed sites (3 have been shortlisted). Public meetings are being facilitated in a number of locations – York, Easingwold, Pickering, Pocklington, Selby and Tadcaster.

## **Options and Analysis**

14. There are no specific options for consideration as this report is provided for information only.

## **Conclusion**

15. Much of the work over the last year has focused on understanding and addressing a number of estate issues within the locality. Whilst there is more work to do, our next phase of work is concentrated on addressing the pathway changes to enable us to meet new ways of working and to maximise the benefits of these new care environments.

## **Strategic/Operational Plans**

16. The NHS Vale of York Clinical Commissioning Group (CCG) have confirmed the strategic requirement for a new mental health hospital by 2019.

## **Implications**

17.

- **Financial**
  - The Strategic Outline Case will consider the financial implications arising from the new hospital.
- **Human Resources (HR)**
  - There are no specific HR implications
- **Equalities**
  - There are no specific equalities implications
- **Legal**
  - There are no specific legal implications
- **Crime and Disorder**
  - There are no specific crime and disorder implications
- **Information Technology (IT)**
  - There are no specific IT implications
- **Property**
  - The estate plans will enhance the mental health patient care environments for the population of York.

## **Risk Management**

18. As part of the Strategic Outline Case for the new hospital there will be consideration of the relative risks associated with this project.

## Recommendations

19. The Health and Wellbeing Board are asked:

- i. To note the current update around mental health estate provision for York.
- ii. To contribute to the current consultation around the new hospital.

Reason: To keep the Health and Wellbeing Board up to date in relation to in patient facilities for mental health services in York.

## Contact Details

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**Report  
Approved**



**Date** 11.11.2016

**Wards Affected:**

**All**

**For further information please contact the author of the report**

### Background Papers:

None

### Annexes

None